

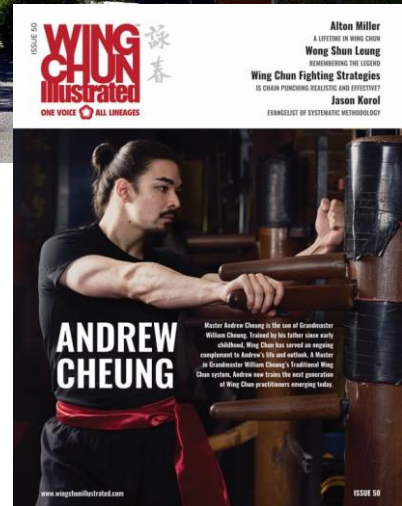


THE GLOBAL TRADITIONAL WING CHUN KUNG FU ASSOCIATION

AUSTRALIAN

2024 WING CHUN SUMMER CAMP

January 3 to 8, 2024



INFORMATION SHEET

5 days of Intensive Training in Victoria's spectacular alpine region led by MASTER ANDREW CHEUNG

- Date:** Arrive Wednesday afternoon, January 3 before dinner.
Depart after lunch, Monday January 8, 2024.
- Location:** **Howman's Gap Alpine Centre, Falls Creek, Victoria, Australia.**
The camp is a 5 hour drive north east of Melbourne situated 4 kms below Falls Creek in dense forest on the edge of the Bogong High Plains, providing spectacular scenery of rugged mountain ranges and deep river valleys.
- Accommodation:** Howman's Gap offers comfortable chalet-style accommodation with 4 to 6 people per room. Each room has its own ensuite. Blankets and pillows are supplied. Bring a towel, and linen or a sleeping bag. Other facilities include conference room, BBQ, table tennis and large playing field.
- Meals:** All meals are included. Cereal, toast and a cooked breakfast are provided each morning, with lunch and a 3-course meal for dinner. Vegetarians and special dietary requirements can be catered for. Please advise us when you make your booking.
- Other Activities:** Other optional activities (some at extra cost) include: challenging ropes course; hiking and mountain biking tracks; archery; basketball; orienteering; campfire (if weather permits).
- Schedule:** Begin the day with early morning conditioning. Wing Chun training takes place all morning and early afternoon, with free time for other activities afterwards.
- Cost:** Cost includes all meals, Wing Chun training and accommodation.
You will need to arrange your own transport to and from the camp.

MEMBERS	COST	NON-MEMBERS	COST
Adults	\$1,370	Adults	\$1,570
Students 7-17yrs	\$1,245	Students 7-17yrs	\$1,420
Children 2-6yrs	\$750	Children 2-6yrs	\$860
<ul style="list-style-type: none"> • Non-training family members/friends (accommodation & meals only, 5 nights) \$870/person • Family package (2 non-training adults, 2 children under 17) \$3,970 <p style="text-align: center;">Secure your place with a deposit of \$300. No refunds after November 1, 2023.</p>			



Daily Schedule: *(Topics to be advised.)*

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
6:30am	Early morning conditioning	Early morning conditioning	Early morning conditioning	Early morning conditioning	Early morning conditioning
8:00am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00am	Wing Chun Training	Wing Chun Training	Wing Chun Training	Wing Chun Training	Wing Chun Training
10:30am	Tea break	Tea break	Tea break	Tea break	Tea break
11:00am	Wing Chun Training	Wing Chun Training	Wing Chun Training	Wing Chun Training	Wing Chun Training
12:30pm	Lunch	Lunch	Lunch	Lunch	Packed lunch
2:00pm	Wing Chun Training	Wing Chun Training	Wing Chun Training	Wing Chun Training	Depart camp
3:00pm	Free time	Free time	Free time	Free time	
6:30pm	Dinner	Dinner	Dinner	Special Dinner at Karelia Alpine Lodge in Falls Creek	

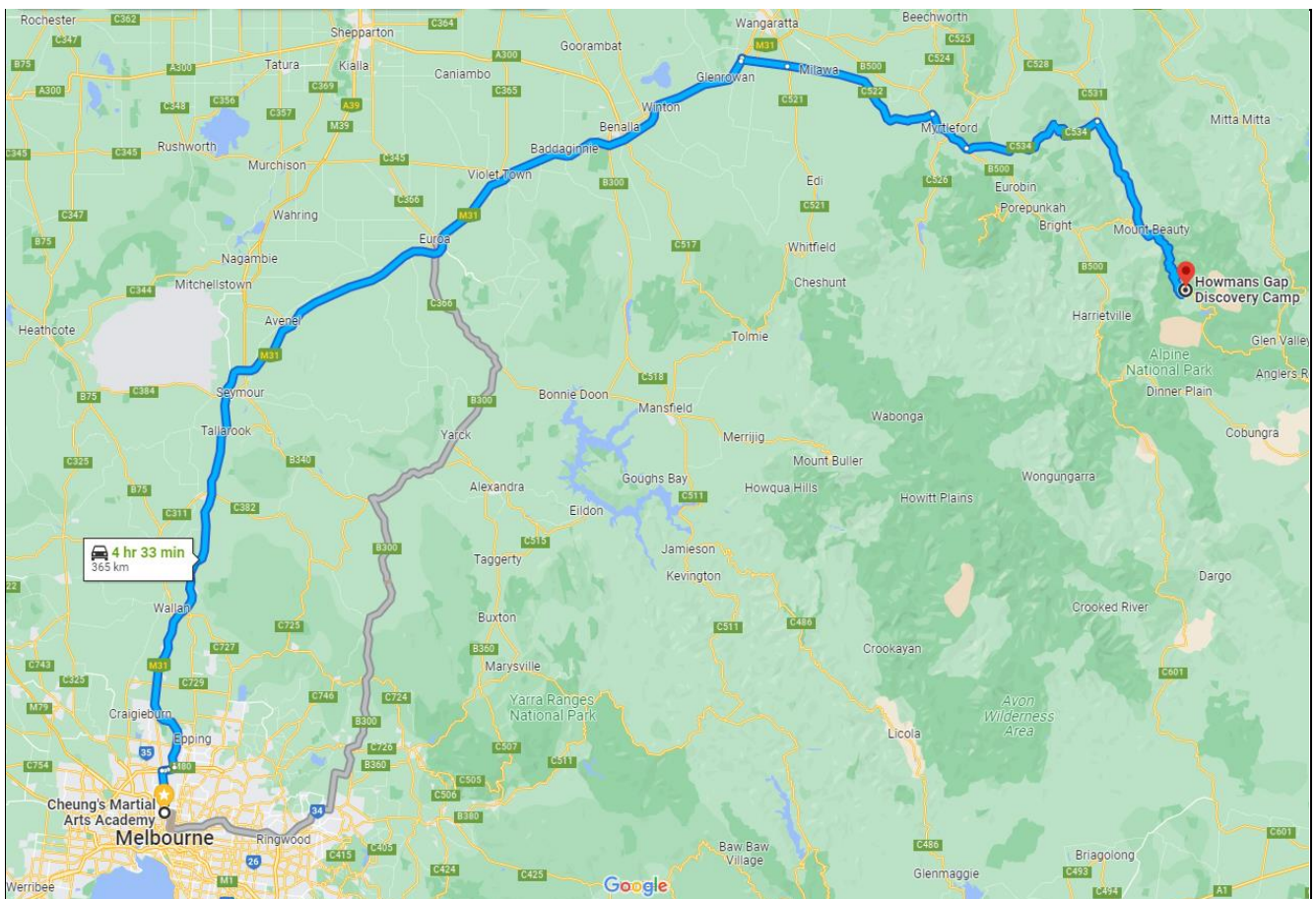
Location of Howman's Gap

Howman's Gap Alpine Centre is nestled amongst the Bogong High Plains, 4kms below Falls Creek Village and 5 hours from Melbourne by car.

Please plan to arrive no earlier than 4pm on Wednesday January 3 ready to start training the next morning. Dinner will be served at 6:30pm.

Situated amongst the tall alpine trees and the re-growth of bushfires past, the camp is home to an abundant ecosystem with stunning alpine views and hiking trails.

From Melbourne, take the Hume Highway M31 north to Glenrowan, then turn east on C522 driving through Milawa (The Cheese Factory at Milawa is a great place for a lunch stop). Turn right at the Great Alpine Road B500/C534 towards Myrtleford, then turn right at Kiewa Valley Highway C531 through Mount Beauty and up the mountain to Falls Creek.





2024 WING CHUN SUMMER CAMP

REGISTRATION FORM

Name:

Full Address:

.....

Mobile phone: Date of birth:

Email:

Level / Sash: Years of Training:.....

School:..... Si-Fu:.....

Emergency Contact:.....

Any health / medical conditions:.....

Will you be driving from Melbourne to the campsite?.....

If yes, would you be prepared to give others a ride, and how many?.....

Do you need transport to the camp? (There will be an extra fee for this).....

Flight arrival and departure details if you are travelling to Melbourne from interstate or overseas:

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Do you have any special dietary requirements?.....

What goals would you like to achieve by attending this camp?.....

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Any comments:

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OFFICE USE:

Deposit: Amount: \$..... Date Received:.....Cash Cheque Card.....

Received by:..... Balance Owing: \$.....

Arrangement for payment of balance:.....

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Additional Payments:

Amount	Date	Cash/Chq/Card	Received by	Balance Owing
\$.....	\$.....
\$.....	\$.....
\$.....	\$.....